

## Additional Sources for Help and Assistance for Veterans & Their Families

**[www.ebenefits.va.gov](http://www.ebenefits.va.gov)** Be sure to set up a PREMIUM account on this. You do everything from this one site like printing a DD214, seeing remaining benefits, checking medical records, seeing when VA processes a term, what checks are sent out to you and on your behalf to schools, applying for a VA home loan, etc.

### **Crisis Hot Line: 1-800-273 TALK (8255), Press 1 for veterans.**

Substance Abuse/Mental Health: 1-800-662 HELP (4357)

VA Education Benefits	888-442-4551
VA Benefits (Other than Ed.)	800-827-1000
Phone Attendance Verification	877-823-2378
VA Debt Management	800-827-0648
VA Direct Deposit Line	877-838-2778
VA Hospital, Houston	800-553-2278
VA Health Benefits	877-222-8387
VA Life Insurance	800-669-8477
Veterans Benefits:	1-800-827-1000

[www.gibill.va.gov](http://www.gibill.va.gov)

[www.va.gov](http://www.va.gov)

[www.vba.va.gov/ro/muskogee](http://www.vba.va.gov/ro/muskogee)

<http://lonestarcveterans.ning.com>

[www.military.com](http://www.military.com)

[www.vetsuccess.gov](http://www.vetsuccess.gov)

[www.tvc.tx.state.us](http://www.tvc.tx.state.us)

[www.warriorgateway.org](http://www.warriorgateway.org)

[www.militaryonesource.com](http://www.militaryonesource.com); Military OneSource, **for 24/7 help: 1-800-342-9647**

[www.warfighterhome.us](http://www.warfighterhome.us) federal careers for military, job & resume help

Free legal advice for veterans: Houston Bar Association's Veteran Legal Initiative (VLI) Fridays 2-5 at VA Hospital. Call 713-759-1133 for info.

**Local VA Office for Brazoria County:** 451 N. Velasco, St. 120, Angleton, TX 77515

Sonja & Kim 979-864-1537 & local # 979-388-1289

### **Lake Jackson VA Outpatient Medical Clinic**

**208 South Oak Drive, Suites 700 & 800**

**979-230-4852** (located on the back side of a suite of offices near the LJ Post Office & the Brazosport Regional Health System)

### **Vet Centers in Houston**

710 N. Post Oak Rd., 713-682-2288


2990 Richmond Ave., Suite 325, 713-523-0884

14300 Cornerstone Village Dr., Suite 110, 713-583-4002

### **Michael E. DeBakey VA Medical Center**

2002 Holcombe Blvd., Houston, TX 77030, 713-791-1414

or 713-791-3415 for VA Social Worker & Crisis intervention



**VETERAN TO VETERAN**

**PTSD Foundation of America, Camp Hope**  
Houston area contact: Derek Kolb, Sgt. US Army (Ret.), Email - [Derek.Kolb@ptsdUSA.org](mailto:Derek.Kolb@ptsdUSA.org)  
Derek's Cell 832-868-5326  
PTSD Toll Free: 877-717-7873 (PTSD)  
[www.ptsdUSA.org](http://www.ptsdUSA.org)

**Military Veteran Peer Network (MVPN):**  
[www.Milvetpeer.net](http://www.Milvetpeer.net)  
T'Liza Kiel, Veteran Volunteer Coordinator for Gulf Coast Center in Galveston (our area contact): [TlizaK@gulfcoastcenter.org](mailto:TlizaK@gulfcoastcenter.org)  
Phone: (409) 763-2373  
**24 Hour Crisis Line: 866-729-3848**

**[www.MakeTheConnection.net](http://www.MakeTheConnection.net)**